

August 29, 2021

Bless the Lord, O My Soul!



We're finishing up this summer by looking at a few of the psalms! Next up is Psalm 103, a psalm of praise.

Psalm 103 is a psalm of David. It begins with David praising God:

*Bless the LORD, O my soul,
and all that is within me,
bless his holy name!
Bless the LORD, O my soul,
and forget not all his benefits.*

I'm sure we all have those days when it's a struggle to "bless the Lord," when we forget about the "benefits" God has given us. Psalm 103 shows us that **sometimes we need to remind ourselves that we have much to praise God for.**

Whether you join us in-person or online this Sunday, read Psalm 103 prior to the service. Ask yourself, *What do I have to praise God for today?*

Sunday Worship

Bless the LORD, O my soul, and all that is within me, bless his holy name!

Call to Worship	Psalm 103:1, 8
Prayer of Praise	
Singing	Behold Our God Is He Worthy?
Prayer of Confession	Psalm 103:3a The New City Catechism, Question 15 Silent Confession Psalm 103:11-12
Singing	How Deep the Father's Love for Us
Prayer of Intercession	Psalm 103:13-14 Prayer
Singing	Ancient Words
Scripture Reading	Psalm 103 (John Couch)
Sermon	Bless the Lord, O My Soul! (Ps. 103)
Singing	10,000 Reasons (Bless the Lord)
Commission	
Benediction	Psalm 103:1-2

Announcements

Sunday Morning Worship: If you plan to attend, please fill out our [Attendance Confirmation Form](#). We will also be streaming the service on our [Facebook page](#).

Thursday Discipleship: Pastor Jonathan is on Facebook on Thursday evenings at 6:30. We are currently going through the New City Catechism. See below for this week's question and answer. (These videos can be viewed on [our Facebook page](#) if you miss them live.)

RightNow Media: We have given everyone in our church free access to RightNow Media! It's called the Netflix of Bible studies. It also has tons of kid's episodes and movies. To sign up, visit [this link](#).

Last Week's Giving: Offering for August 15 was \$1,855.00 (\$675.00 by e-Transfer, \$1,180.00 by regular giving). According to our 2021 budget, we need an offering of \$1,860.00 per week.

This week:

Day	Time	Event
Sunday	11:00 a.m.	Worship Service
Wednesday	6:30 p.m.	Elders' Meeting
Thursday	6:30 p.m. 7:30 p.m.	Live Video on Facebook: What We Believe Worship Practice
Sunday	11:00 a.m.	Worship Service (Nursery)

Offering Tellers: This Sunday: Patrick Morand, Barbara Flick; Sept. 5: Betty Roach, Barbara Flick.

Newsletter Sign-Up: If you would like to receive our church newsletter each week by email, you can sign up for that on the [Newsletter page](#) of our website.

New City Catechism

Join us live on Facebook this Thursday at 6:30 p.m.! We are on a journey through the New City Catechism.

The catechism consists of 52 questions and answers about the Christian faith. If we know the answers to these 52 questions, then we will know what the Christian faith is all about—we will know *what we believe*.

You can get free access to the New City Catechism by either using the web app or the mobile app. The apps can be found at newcitycatechism.com.

Question	Answer	Scripture
16. What is sin?	Sin is rejecting or ignoring God in the world he created, rebelling against him by living without reference to him, not being or doing what he requires in his law—resulting in our death and the disintegration of all creation.	1 John 3:4 Everyone who makes a practice of sinning also practices lawlessness; sin is lawlessness.
17. What is idolatry?	Idolatry is trusting in created things rather than the Creator for our hope and happiness, significance and security.	Romans 1:21, 25 For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened. . . . They exchanged the truth about God for a lie and worshiped and served the creature rather than the Creator. . . .


What Is the Gospel?

A good way to summarize the gospel is to biblically un-pack the words God, Man, Christ, and Response.

God	God is the creator of all things (Gen. 1:1). He is perfectly holy, worthy of all worship, and will punish sin (1 John 1:5; Rev. 4:11; Rom. 2:5-8).
Man	All people, though created good, have become sinful by nature (Gen. 1:26-28; Ps. 51:5; Rom. 3:23). From birth, all people are alienated from God, hostile to God, and subject to the wrath of God (Eph. 2:1-3).
Christ	Jesus Christ, who is fully God and fully man, lived a sinless life, died on the cross to bear God's wrath in the place of all who would believe in him, and rose from the grave in order to give his people eternal life (John 1:1; 1 Tim. 2:5; Heb. 7:26; Rom. 3:21-26; 2 Cor. 5:21; 1 Cor. 15:20-22).
Response	God calls everyone everywhere to repent of their sins and trust in Christ in order to be saved (Mark 1:15; Acts 20:21; Rom. 10:9-10).

Church Membership

If you have been regularly attending FHFBC, we'd like you to become a member of our church. Membership demonstrates one's commitment to a local church and enables greater participation in the life of that church.

The Requirements	<ul style="list-style-type: none"> • Faith in Jesus Christ as your Lord and Saviour. • Agreement with our church's statement of faith and covenant. • Believer's baptism by immersion.
The Process	<ul style="list-style-type: none"> • Tell one of our elders you're interested in membership. • Read a short book: I Am a Church Member. <div style="text-align: center;">  </div> <ul style="list-style-type: none"> • Fill out a survey, indicating how you might like to serve in our church. • Meet with the elders to talk about your conversion, baptism, understanding of the gospel, and expectations of members.

Church Info

FHBC is a member of the [Fellowship of Evangelical Baptist Churches in Canada](#), and we also belong to the Fellowship's [Atlantic Region](#). Our mission is to help people become fully devoted followers of Jesus Christ.

Elders	<ul style="list-style-type: none">• Jonathan McLeod: 902-412-5746, pastorjonathan@fhfbc.org• John Couch: 902- 405-6576, jwcouch@gmail.com• Moe Hedden: 902-220-7078
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